



Nant-y-Parc Weekly Newsletter

27th May 2022

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Value of the month: Unity



a peek at the
next few weeks

Covid-19

As I am sure you are aware COVID-19 remains with us. As restrictions are lowered across the country, we have also been working on our risk assessments. Some of the mitigations put in place by school still remain and these are outlined on page 2 of the newsletter. Please take the time to read this important information.

UPAY APP

If you are using the Upay app to pay for your child's school meal, please top up before your child has a lunch. The account must run in credit. Meals are £2.10 daily. On page 3 of the newsletter you will find the school meal menu. The week after half term will be week 2.

INSET DAYS

Just to remind you that there will be no school for children on **Friday 10th June and Monday 13th June** due to staff INSET.

WEAR YELLOW DAY

We are inviting pupils to wear yellow on **Friday 17th June** and wear yellow to raise money to help people living with cystic fibrosis. A £1 donation would very much be appreciated to support the wonderful work of the Cystic Fibrosis Trust.

RELATIONSHIPS AND SEXUALITY EDUCATION MEETING

Relationships and Sexuality Education (RSE) will be compulsory in Wales from September 2022. On **Wednesday 8th June 2022 at 2pm** we are inviting you to join us so we can discuss and present to you the RSE guidance and code and how we intend to teach your children come September 2022.

The meeting will take place in the school hall and refreshments will be available. The meeting will finish before you need to collect your children at the end of the day.

PARENT GOVERNOR VACANCY

There are vacancies for parents on the schools governing body. We would very much welcome your application for the role. On **pages 4 – 6** of this newsletter you will find information about being a parent governor and on **page 7-8** an application form. If you are unable to print this please collect a hard copy from the school office.

Superstar Corner

Each class (Reception – Year 6) has two pupils of the week – the first pupil named is for excellence in a particular area and the second pupil named is for their use of Welsh in and around the school.

Rec – Alpha Griffiths & Charlotte Harris

Year 1 – Harley-Jay Bowen & Eva Grebbell

Year 2 – Mila Short & Leah Blackmore –Emoghene

Year 3 – Faith Higgins & Dixie Blu Jenkins

Year 4 – Lucas Hanmer, Michelle Blackmore-Emoghene & Mia Thomas

Year 5 – Adam Griffiths & Leo Kerr

Year 6 – AJ Axenderrie & Scarlett Lamorte

Diary Dates

06.06.22	WORLD ENVIRONMENT DAY
06.06.22 –	YEAR 5 & 6 CHILDREN
24.06.22	SWIMMING COURSE (DAILY)
08.06.22	DIVERSIFYING OUR CURRICULUM
14.06.22	LIFE IN A SHELL –
	EGG-CHICK EXPERIENCE YEAR 1 CLASS
16.06.22	Y4, Y5 & Y6 TRIP TO THORPE PARK
17.06.22	NEW RECEPTION PARENTS MEETING – time TBC
17.06.22	PARENT DROP IN CLINIC

Term Dates

Term Dates

10.06.22 &	INSET DAYS – no school for
13.06.22	pupils
20.07.22	END OF TERM for pupils –
	finish at 1.15pm

Welsh Phrase of the Week

Ble est ti? – Where did you go?

Beth wnest ti.... – What did you do?

'No Limits to Learning!' - 'Dim Ffiniau i Ddysgu!'



COVID-19 Update

As you will be aware COVID-19 is still with us and as a school we need to take steps to ensure we keep everyone as safe as we can. The following mitigations remain in place.

- If your child has any of the main symptoms of COVID-19, your child should self-isolate and take a **lateral flow test (LFT)**. You can order LFTs online or call 119 between 7am and 11pm (calls are free). Continue to self-isolate until you get your LFT test result. If you have a negative result you can leave self-isolation immediately.

If your child has a positive result they should self-isolate for 5 full days. Day 1 is the day after your symptoms started or the day after you had the test, if you do not have symptoms (whichever is earlier). Take a lateral flow test (LFT) on day 5.

If the day 5 LFT is negative

- [Report your LFT result.](#)
- Your child should take another LFT on day 6.
- If your child's day 6 is also negative and they do not have a high temperature, they can leave self-isolation on day 6 as the risk they are still infectious is much lower and you can safely return to their normal routine.

If positive on day 5 or 6

- [Report your LFT result.](#)
- You should continue taking daily LFTs until you get 2 negative tests in a row, taken a day apart, or until day 10 – whichever is sooner.
- The one way system in school remains. Please adhere to this at all times.
- Good hand hygiene procedures will remain in place.
- Cleaning of communal areas will continue throughout the day as well as high touch points through the school
- Good ventilation will remain in place and teachers will ensure that there are plenty of opportunities for children to work outside.

Week 1	Week 2	Week 3
Monday		
<p>Southern Fried Chicken Goujons Chipped Potatoes & Sweetcorn</p> <p>~</p> <p>Ravioli (V) with Cheese Mashed Potatoes & Peas</p> <p>~</p> <p>Apple & Raspberry Crumble with Custard</p>	<p>Lasagne / Pasta Bake Savoury Herb Diced Potatoes & Garlic Mushrooms</p> <p>~</p> <p>Margherita Pizza (V) Potato Croquettes & Baked Beans</p> <p>~</p> <p>Adam & Eve Sponge with Custard</p>	<p>Sausages Chipped Potatoes & Baked Beans</p> <p>~</p> <p>Macaroni Cheese (V) with Garlic Bread & Broccoli / Spinach</p> <p>~</p> <p>Chocolate & Orange Sponge with Custard</p>
Tuesday		
<p>Beef Bolognaise Garlic Bread, Spaghetti & Peas</p> <p>~</p> <p>Margherita Pizza (V) Non-Fried Herby Potato Bites & Baked Beans</p> <p>~</p> <p>Flapjack & Fruit Juice</p>	<p>Minced Beef Pie, Parsley Potatoes, Carrots & Gravy</p> <p>~</p> <p>Ravioli (V) with Cheese, Mashed Potatoes & Peas</p> <p>~</p> <p>Delight & Fruit Juice</p>	<p>Meatballs, Potato Swirls / Spaghetti in Tomato Sauce & Peas</p> <p>~</p> <p>Tomato & Lentil Pasta Bake (V) Potato Croquettes & Sweetcorn</p> <p>~</p> <p>Artic Roll & Fruit Juice</p>
Wednesday		
<p>Chicken Breast Mashed / Boiled Potatoes Swede, Cabbage & Gravy</p> <p>~</p> <p>Quorn Sausage (V) Sage & Thyme Roast Potatoes, Carrots & Gravy</p> <p>~</p> <p>Various Jelly</p>	<p>Sliced Pork & Seasoning, Sage & Thyme Roast Potatoes, Broccoli, Cauliflower & Gravy</p> <p>~</p> <p>Cottage Pie (V) Boiled Potatoes, Carrots & Gravy</p> <p>~</p> <p>Raspberry Mousse Slice</p>	<p>Sliced Beef & Yorkshire Pudding, Oven Baked Crispy Roast Potatoes, Cabbage, Carrots & Gravy</p> <p>~</p> <p>Sausage (V) Mashed Potatoes, Peas & Gravy</p> <p>~</p> <p>Yoghurt</p>
Thursday		
<p>Sausages Mashed Potatoes & Baked Beans</p> <p>~</p> <p>Meat Free Meatballs (V) in Tomato & Basil Sauce, Pasta & Peas</p> <p>~</p> <p>Chocolate Sponge & Custard</p>	<p>Chicken Curry Various (korma, masala or fruity) Rice, Sweetcorn & Peas</p> <p>~</p> <p>Pizza Bagel Potato Croquettes & Baked Beans</p> <p>~</p> <p>Fruity Flapjack</p>	<p>Cottage Pie Mashed Potatoes, Carrots & Gravy</p> <p>~</p> <p>Margherita Pizza Non-Fried Herby Potato Bites & Coleslaw</p> <p>~</p> <p>Caramel Apple Crumble & Ice Cream</p>
Friday		
<p>Jumbo Fish Finger Salmon Fishcake Smiley Faces & Sweetcorn & Tomato Sauce</p> <p>~</p> <p>Fruity Vegetable Curry (V) Rice & Peas</p> <p>~</p> <p>Citrus Oat Cookie & Fruit Juice</p>	<p>Fish Portion Chipped / Boiled Potatoes & Baked Beans</p> <p>~</p> <p>Cheese Potato Pie (V) & Tomatoes</p> <p>~</p> <p>Chocolate Cookie & Fruit Juice</p>	<p>Sea Stars Salmon Fishcake Chipped Potatoes Baked Beans or Peas Fruity Curry Sauce</p> <p>~</p> <p>Cheese Panini (V) Savoury Wedges & Side Salad</p> <p>~</p> <p>Honey & Lemon Cookie & Fruit Juice</p>

A selection of baked potatoes, pasta and sauce or sandwiches/rolls available daily served with a choice of fillings plus salad or accompaniment. Please check with your school for availability.

Fresh Milk / Drinking Water, Wholemeal Bread, Various Fruit Selection, Fruit & Ice Cream and Yoghurt available daily.

The menu mix displayed is for guidance only. Customers will be free to make their own daily accompaniments selection.

Caerphilly Catering Services reserve the right to change products subject to availability.

Information for Prospective School Governors



Becoming a School Governor

Each school has a governing body which comprises members of the local community, parents, teachers, staff and representatives of the Local Authority (LA). Additional stakeholders may also be represented for some categories of school, eg, the governing bodies of schools with a religious character also include governors appointed by the diocese.

The governing body works with the Headteacher, school staff, LA, EAS, parents and, where appropriate, the diocese. It is a corporate body and no individual governor has power to act alone (except the chairman in an emergency). However, all governors have the opportunity to use or develop their skills in finance, personnel, committee work and communication.

How do Governing Bodies work?

A governing body

- works with the Headteacher to set the strategic direction of the school
- is responsible for monitoring and evaluating the school's performance against set targets
- makes decisions collectively as a team
- is legally required to meet at least once a term - many will meet twice
- will have a committee structure enabling issues to be discussed in detail before recommendations are put to the full governing body, some matters will also be delegated to a committee

A vital part of the role of school governors is providing effective support and challenge for Headteachers and senior leaders. An effective governing body is vital to ensure schools continue to serve pupils well with the aim of raising standards. To support new governors in carrying out this role, mandatory training was introduced under the **Government of Maintained Schools (Training Requirements for Governors) (Wales) Regulations 2013**. EAS Governor Support provides the following mandatory training at no cost to the individual:

- **Induction training for governors**
The induction training for newly appointed or elected governors focuses on their role and responsibilities and will give new governors the encouragement and confidence to be able to take a full and active part in governing body decision making.
- **Understanding school performance data**
The training on school performance data will help governors understand what the school data means for their school, how their school compares with others and identify the action that needs to be taken to improve performance. An understanding of school data gives governors confidence to take part in governing body discussions on school performance and to ask appropriate and searching questions.

Governor Responsibilities

Although Headteachers are responsible for the day to day management of the school, they will be implementing policies set by the governing body. The responsibilities include:

- Agreeing the aims and values of the school
- Drawing up and reviewing the School Development Plan
- Adopting and reviewing school policies
- Appointing staff
- Ensuring the National Curriculum is taught
- Ensuring needs of individual pupils are met, including special needs
- Ensuring pupil Wellbeing and Safeguarding
- Preparing and circulating the Annual Report to Parents
- Agreeing and monitoring the school budget.

What qualities do you need to be a School Governor?

- A desire to improve children's educational attainment
- Time to spare to prepare for and attend meetings
- A willingness to learn and ask questions
- A commitment to attend training
- The capacity to work as part of a team and appreciate the views and contribution of others
- The ability to respect confidentiality

Most governing bodies have a schedule of meetings for the year including meetings of sub-committees. You may be asked to attend unscheduled meetings at short notice if a decision is urgently required, but you will always be provided with notice of all meetings.

You are entitled to reasonable unpaid time off work for your duties as a school governor. Some employers allow paid leave which you should confirm prior to nomination and appointment.

In order to fulfill your role as a governor you need to learn about your school. This can be done in a number of ways:

- Familiarising yourself with school performance data
- Visiting school, by prior arrangement, during session time
- Attending events such as assemblies, sports day, fetes, etc. These can be an ideal opportunity to meet staff and see the school working in a less formal way
- Getting to know what issues are currently affecting the school by talking to other governors

Being a governor does not just mean attending a business meeting now and again in a deserted school! Having said that, business meetings are, of course, an essential part of school governance. You will discuss budgets, staffing matters, school policies, provision of services, health and safety, etc. You will also receive reports for consultation from the LA and EAS. Usually you will receive documentation in advance to give you time to prepare any questions you may have and contribute to discussion.

The idea of making important decisions need not be daunting. Professional advice is always available from the Headteacher and, if appropriate, officers of the LA and EAS will also attend meetings to discuss specific issues. The majority of school governing body meetings are clerked by the EAS.

If you think you have something to offer your local school – either professional expertise or an interest in education - you may wish to become one of the following categories of School Governor:

Parents/Teachers/Support Staff

The Headteacher will inform all parents and staff when relevant vacancies arise. Nominations will be sought and, if necessary, an election held.

Community

You should contact the Headteacher or to the EAS Governor Support Service to express an interest.

LA/Community Council/Foundation

These appointments will be made by the relevant council or church body.

The role of the school governor is demanding but very rewarding and is a good way to give back to your local community.

To parents of pupils registered at Nant-y-Parc Primary School

Dear Parents,

SCHOOL GOVERNING BODIES - ELECTION OF PARENT GOVERNORS

The Headteacher of your Child's School has been asked to arrange an election for a Parent Governor.

The Role of Governors has become increasingly important. They must ensure that the requirements of the national curriculum are met, establish standards of behaviour, select staff, deal with budget matters and prepare and present the Annual Report to Parents. Governing Bodies are required to meet at least once a term and most meet during the afternoon or in the evening. The frequency and time of meetings is decided by the Governing Body.

Governors are elected for a four-year term of office, but Parents may continue to serve even if their child leaves the school during that time. Training is continually available for all Governors, at no cost to the individual. All Governors, new and experienced, are expected to take advantage of any courses arranged as it is vital to keep up to date with new ideas and legislation.

A nomination form is enclosed to enable you to put your name forward for election.

Each nominee is invited to make a brief statement in support of their nomination which will be circulated to Parents in the event of an election. Please ensure any statement is clearly written to avoid problems when being reproduced.

All nominees **must be** a Parent, or Legal Guardian, of a Pupil registered at the School. Grandparents of Pupils are not allowed to take part in the election unless they are the Legal Guardians of the Child. No person may serve on more than two Governing Bodies in any category.

A person is not permitted to stand as Parent Governor if the following apply:

- (a) an elected member of the local education authority;
- (b) employed by the local education authority in connection with its functions as a local education authority; or
- (c) paid to work at the school for more than 500 hours in any twelve-month period commencing on 1 August and finishing on 31 July.

The nomination form should be returned to your child's school by the date given by the Headteacher. If nominations exceed the number of vacancies a secret ballot will be held. Details of the election will be sent to you if appropriate.

The name of the elected governor(s) will be displayed at the school.

Yours sincerely,

C. James|
Chair of Governors

ELECTION OF PARENT GOVERNOR
NANT-Y-PARC PRIMARY SCHOOL

NOMINATION FORM

PLEASE COMPLETE IN BLOCK CAPITALS

Name _____

Address _____

Post Code _____

Telephone _____

Email _____

Signed _____ Date _____

This form should be returned to the Headteacher by _____

Your personal details will not be shared these are for school administrative purposes only

Personal statement (to be used for election purposes only – this will be inserted into a ballot paper together with your name if a ballot is required) no more than 50 words.

The personal data above will be securely held by the EAS and will not be shared. If not successful in securing a governor position within two years, this information will be destroyed in accordance with GDPR.