

Nant-y-Parc Weekly Newsletter



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HEAD LICE / NITS

If your child has recently had head lice/nits and you require further advice on effective treatment options, please refer to page 5 of the newsletter to avoid the spread to others.

LATENESS

We have continued to notice that there are still many children arriving late for school. Classes open from 8:50 am and school begins at 9 am. Please try to arrive on time so your child/children can engage with Soft Start or Secretarial Skills. Thank you for your continued support in improving attendance.

TRIP LETTERS/MONEY

REMINDER – When trip letters are sent home, please can you sign and return them ASAP so that the trip can be finalised. It is extremely time-consuming for staff to have to chase trip letters. Please can you also communicate whether you require a packed lunch on the return slip as these have to be ordered two weeks before the trip takes place.

Please can you also make payments by the deadline provided, or communicate with staff when you can pay so that we do not have to chase payments.

PARENT QUESTIONNAIRE RESULTS

Thank you to those parents who took the time to complete the parent/carer survey which was sent out in February. Overall, the results were extremely pleasing and were very complimentary of us as a school with few actions for us to consider moving forward. As you know, we take pride in ensuring all pupils have a positive experience at school and pride ourselves on establishing positive relationships with all stakeholders.

CHOIR EVENT - VOICE IN A MILLION

On Wednesday 20th March, the school choir performed in the OVO Arena, Wembley. After what was a very long and tiring day for our pupils, they put on an outstanding show and performed brilliantly, making us all very proud.

Thank you to you as their parents for your ongoing support with choir events. These events would not be possible if we did not have your support. The children were so excited to see you in the audience and it made it all the more special for all involved. Thank you, and well done to the staff for organising and attending such a special event. Hopefully, it has given the children memories which they will cherish forever.



THANK YOU

Throughout the spring term, the children have worked exceptionally hard and are now in need of a well-deserved break. We would like to take this opportunity to thank you for your support this term and to wish you all a lovely Easter holiday. We look forward to seeing you all in the summer term for what will be a very exciting term.

PROM EXCHANGE

This year, we have decided to hold a prom clothing exchange scheme (in preparation for the Y6 prom) where families can donate any unwanted dresses, suits, shirts, ties, shoes, bags, and accessories for our current Y6 pupils to choose from if necessary. If these could be donated by **Monday 20th May**, we will launder them (if possible) and have them available for parents/pupils to browse and take away from **03.06.24** free of charge. As a school, we are trying our best to limit costs around special events and thought this would be a great way to reuse unwanted items of clothing.

Value of the half term: **Curiosity**

A peek at the next few weeks...



DIARY DATES

08.04.24	School opens for the summer term
12.04.24	Parent overviews sent home to parents
15.04.24	Rising 3s transition week. - 09:30 am. - 10:30 a.m.
19.04.24	All Rising 3 pupils begin 22.04.24 - 09:00 a.m. - 11:30 a.m.
22.04.24-26.04.24	Clothes exchange for Y6 Prom - please donate any unwanted/ outgrown pupils' prom dresses/outfits/suits and accessories. - ages 9-12 years.
26.04.24	Drop-in attendance meeting for parents - 2.30 pm
07.05.24	Oaker Wood meeting for Y5/6 parents - 2:30 pm

TERM DATES

08.04.24	Summer term begins
06.05.24	May Day Bank Holiday
24.05.24	INSET Day
27.05.24 - 31.05.24	Half term week
18.07.24 -	End of term (1:15pm finish)
19.07.24 -	INSET Day

ATTENDANCE

A friendly reminder that attendance continues to be a high priority this term and will be closely monitored on a weekly basis. Whilst we appreciate illness cannot be avoided, we have attached a link to help you determine whether or not you child is too ill for school.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



Please refer to page 2 for further attendance related information.

WELSH PHRASE OF THE WEEK

Week beginning 08.04.24 – Croeso (lower and middle school)
Croeso 'nol (upper school)



Attendance

School Target = 92%

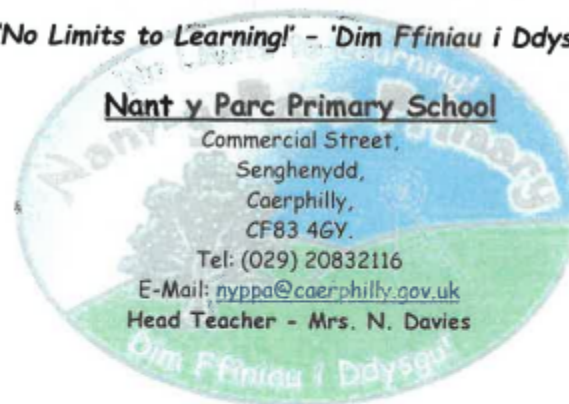
2023-2024	Class Attendance % for week beginning 11.03.24	Class Attendance % for week beginning 18.03.24 (excluding Friday)
Nursery	80.5%	73.5%
Reception	87.5%	90.6%
Year 1	93.8%	83.3%
Year 2	91.1%	88.4%
Year 3	96.5%	97.1%
Year 4	88%	93.5%
Year 5	87%	95.3%
Year 6	95.9%	89.3%

Your child should NOT have a day off school for the following reasons:

- It is their birthday
- The family have slept late
- They have a medical appointment to attend
 - They do not want to attend
 - They are upset about something

Please communicate all absences with school on the first day of absence and if we can support, we will.

'No Limits to Learning!' - 'Dim Ffiniau i Ddysgu!'



Dear Parent/Carer

There is no need to apply again if you have already applied for eFSM

Universal Primary Free School Meals (UPFSM)

It is Welsh Government's aim that every child in primary school in Wales will be eligible for a universal primary free school meal (UPFSM) by 2024, regardless of household income.

In Caerphilly County Borough this is already the case and all full-time pupils in primary school can have a free school meal.

However it is important to know the difference between UPFSM and eFSM so that you can claim other benefits that go with eFSM

Eligible Free School Meal (eFSM)

Families who meet certain criteria, for example those on lower incomes or in receipt of certain benefits, may be eligible to apply for eFSM. Families in receipt of eFSM are also eligible to receive the Pupil Development Grant to buy school uniforms and equipment, sports kit and equipment for activities outside school.

If you think you might be eligible for eFSM please apply.

For more information about the eligibility criteria and the application process for eFSM please visit: [www.caerphilly.gov.uk/Free school meals](http://www.caerphilly.gov.uk/Free%20school%20meals)

If you are already eligible for eFSM there is no need to apply again

Thanks very much

Nant-y-Parc Primary School

Head lice and Nits

Head lice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head-to-head contact.

Head lice can make your head feel:

- itchy
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.



How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

Wet combing

Lice and nits can be removed by wet combing.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child and how to use them.

If lotions or sprays do not work, speak to a pharmacist about other treatments.

Some treatments are not recommended because they're unlikely to work.

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- tree and plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

You cannot prevent head lice

There's nothing you can do to prevent head lice.

You can help stop them spreading by wet or dry combing regularly to catch them early.

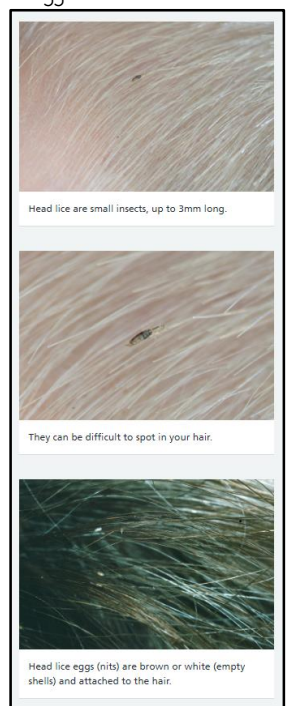
Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

There's no need for children to stay off school or to wash laundry on a hot wash.

Information taken directly from NHS website: Head lice and nits - NHS (www.nhs.uk)

[https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-](https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.)

[pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.](https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.)



CAMHS ONLINE WELL BEING WORKSHOPS

26th March – 4th April 2024

CAMHS will be running a range of workshops on MS Teams in February Half Term 2024 for young people in year 6 & above, and their families across Gwent. Please use the booking form/QR code below and make sure to book on at least 24 hours before the session.

Parents are welcome to attend with their young person, but we will not be able to answer any individual CAMHS queries during the workshop time.

UNDERSTANDING EMOTIONS

This workshop explores feelings and emotions while offering new ways to regulate our emotions.

WHEN?

Wednesday 27th March 11:00am – 1:00pm

Tuesday 2nd April 11:00pm – 100pm

5 WAYS TO WELLBEING

This workshop shares tips and ideas on easy ways that you can actively improve your own well-being

WHEN?

Tuesday 26th March 2:00pm – 4:00pm

Wednesday 3rd April 11:00am – 1:00pm

BOOKING INFORMATION

To register for one of the listed sessions, follow the Microsoft Forms link or scan the QR code:

<https://forms.office.com/e/u2kFvvZ3FB>

