

# Nant-y-Parc Weekly Newsletter



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15th May 2024

## PROM EXCHANGE

This year, we have decided to hold a prom clothing exchange scheme (in preparation for the Y6 prom) where families can donate any unwanted dresses, suits, shirts, ties, shoes, bags, and accessories for our current Y6 pupils to choose from if necessary. If these could be donated by **Monday 20<sup>th</sup> May**, we will launder them (if possible) and have them available for parents/pupils to browse and take away from **03.06.24** free of charge. As a school, we are trying our best to limit costs around special events and thought this would be a great way to reuse unwanted clothing items.

## NURSERY SPORTS DAY

Thank you for being so supportive of this year's Sports Day. We appreciate you taking the time to come and support the children as they competed in various races throughout the morning session. It was an enjoyable morning for all involved and the children have spoken positively of their experience.

## HOLIDAYS

We understand many families will begin to withdraw their children from school over the next few months for a summer holiday. Whilst we appreciate this provides the children with a cultural experience, their education at school is equally as important. Therefore, we would like to remind all parents that we are not permitted to authorise holiday requests if their child's attendance is already below the school target. If we do not authorise a holiday due to poor attendance and parents still choose to withdraw their child from school then they may be referred to the Education Welfare Service, or a Fixed Penalty Notice (FPN) may be issued.

## YEAR 5 SWIMMING BLOCK

Reminder - The Y5 pupils will begin their 3-week swimming block following the half-term break (3<sup>rd</sup> June - 21<sup>st</sup> June). If your child is in Y5, please can you ensure your child has the appropriate kit with them on each of these days e.g. a swimsuit, towel and goggles (if they have them). Please note that pupils will not have time to shower following their swimming lesson, so please do not pack toiletries.

## SUMMER TRIPS

As our summer trips are fast approaching, please can we remind parents to ensure they check the weather forecast on this day and provide their child with weather-appropriate clothing/items e.g. sun cream/hat and plenty of drinks if it is a warm sunny day, and a light jacket if rain is forecast. We also need to remind parents that their children will be responsible for their spending money throughout the duration of the trip.

Please remember to provide children with a packed lunch if a school-packed lunch has not been ordered.

Trip dates can be found in the diary dates section of the newsletter.

## HOLIDAY CLUB FEASIBILITY SURVEY

Please see the link below to register interest in a summer holiday club.

[Clwb Y Ddraig Summer 24- Holiday Club Feasibility at Nant Y Parc \(google.com\)](https://www.google.com)

## FIRE DRILL / LOCKDOWN PROCEDURE

As you are probably already aware, in schools we are required to carry out regular fire drills to ensure that in the event of an emergency, staff and pupils know how to evacuate themselves to safety. In addition to this, we are required to conduct lockdown drills to protect pupils and staff in the event of an emergency lockdown. These are known as 'safe mode' procedures in school. Lockdowns may occur for many reasons e.g. an intruder, a helicopter landing on school grounds, an aggressive animal loose on the yard etc. Please be reassured this is part of our practice and pupils are reassured during these drills. In the event of an emergency, parents would be notified.

Value of the half term: **Friendship**

A peek at the next few weeks...



## DIARY DATES

- 03.06.24 School reopens for pupils
- 03.06.24-21.06.24 3-Week swimming block for Y5 pupils only
- 05.06.24 World Environment Day
- 11.06.24 Vision and growth session for Reception pupils only
- 11.06.24 Parent workshop with Multiply (outdoor event)
- 19.06.24 Thank an Educator Day
- 19.06.24 SNEGFEST (2pm start)
- 21.06.24 Y1/Y2 trip to Crealy
- 21.06.24 Wear yellow for Cystic Fibrosis
- 25.06.24 Y3/Y4 trip to Drayton Manor
- 26.06.24-28.06.24 Y5/Y6 Residential trip to Oaker Wood
- 27.06.24 Reception trip to Colliers Farm

## TERM DATES

- 27.05.24 - 31.05.24 Half-term week
- 18.07.24 - End of term (1:15 pm finish)
- 19.07.24 - INSET Day (school closed for pupils)
- 02.09.24 - Autumn term begins

## ATTENDANCE

A friendly reminder that attendance continues to be a high priority this term and will be closely monitored on a weekly basis. Whilst we appreciate illness cannot be avoided, we have attached a link to help you determine whether or not you child is too ill for school.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



Please refer to page 2 for further attendance related information.

## WELSH PHRASE OF THE WEEK

Week beginning 20.05.24 - Ble wyt ti'n mynd?

Week beginning 03.06.24 - Ble est ti?

Beth wnest ti



# Attendance

## School Target = 92%

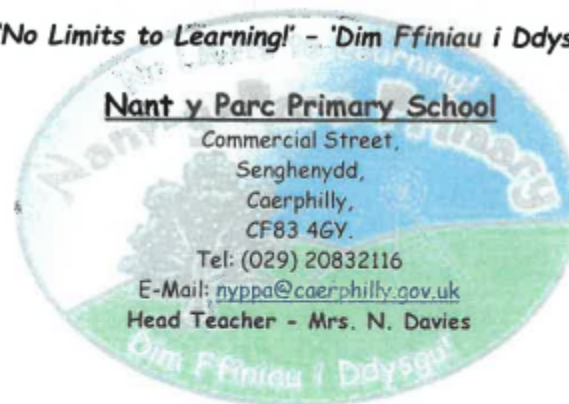
2023-2024	Class Attendance % for week beginning 06.05.24	Class Attendance % for week beginning 13.05.24 (excluding Friday)
Nursery	89.1%	80.4%
Reception	75%	86%
Year 1	85%	93.7%
Year 2	93%	93%
Year 3	90.3%	96.1%
Year 4	93.5%	95.1%
Year 5	91.4%	87%
Year 6	95.3%	88.4%

Your child should NOT have a day off school for the following reasons:

- It is their birthday
- The family have slept late
- They have a medical appointment to attend
  - They do not want to attend
  - They are upset about something

Please communicate all absences with school on the first day of absence and if we can support, we will.

*'No Limits to Learning!' - 'Dim Ffiniau i Ddysgu!'*



*Dear Parent/Carer*

**There is no need to apply again if you have already applied for eFSM**

### **Universal Primary Free School Meals (UPFSM)**

It is Welsh Government's aim that every child in primary school in Wales will be eligible for a universal primary free school meal (UPFSM) by 2024, regardless of household income.

In Caerphilly County Borough this is already the case and all full-time pupils in primary school can have a free school meal.

However it is important to know the difference between UPFSM and eFSM so that you can claim other benefits that go with eFSM

#### **Eligible Free School Meal (eFSM)**

Families who meet certain criteria, for example those on lower incomes or in receipt of certain benefits, may be eligible to apply for eFSM. Families in receipt of eFSM are also eligible to receive the Pupil Development Grant to buy school uniforms and equipment, sports kit and equipment for activities outside school.

If you think you might be eligible for eFSM please apply.

For more information about the eligibility criteria and the application process for eFSM please visit: [www.caerphilly.gov.uk/Free school meals](http://www.caerphilly.gov.uk/Free%20school%20meals)

**If you are already eligible for eFSM there is no need to apply again**

Thanks very much

*Nant-y-Parc Primary School*

# Head lice and Nits

Head lice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head-to-head contact.

Head lice can make your head feel:

- itchy
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.



## How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

## Wet combing

Lice and nits can be removed by wet combing.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

## Medicated lotions and sprays

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child and how to use them.

If lotions or sprays do not work, speak to a pharmacist about other treatments.

Some treatments are not recommended because they're unlikely to work.

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- tree and plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

## You cannot prevent head lice

There's nothing you can do to prevent head lice.

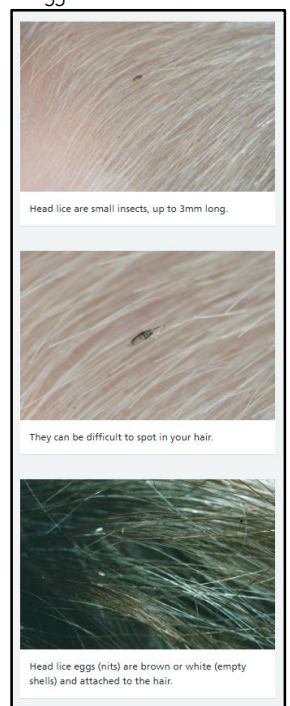
You can help stop them spreading by wet or dry combing regularly to catch them early.

Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

There's no need for children to stay off school or to wash laundry on a hot wash.

*Information taken directly from NHS website: Head lice and nits - NHS (www.nhs.uk)*

*<https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.>*







**LACA**  
the school food people

# 80 BEACONS



**80<sup>TH</sup> ANNIVERSARY OF D-DAY**  
REMEMBERING THE LARGEST NAVAL,  
AIR AND LAND OPERATION IN HISTORY

JOIN US FOR A COMMEMORATIVE LUNCH ON

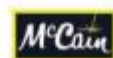
**THURSDAY 6<sup>TH</sup> JUNE 2024**



**FISH PORTION OR  
CHEESE PASTY (V)  
CHIPPED POTATOES OR  
POTATO ROSTI  
SALAD BAR / PEAS / BAKED  
BEANS  
MARIO'S WELSH  
ICE-CREAM TUB /  
JELLY & FRUIT / FRUIT PORTION  
WATER & MILK**

*This menu will replace the standard menu on for the day.*

*Please note - This Menu Contains Allergens*



# MAY HOLIDAY CLUBS @ TONGWYLLAIS PRIMARY CARDIFF

AWARD WINNING HOLIDAY CLUBS FROM  
8AM-4:30PM ON TUES 28TH MAY TO FRI 31ST MAY

9AM 3:30PM £21.00  
8AM 4:30PM £31.00

**10% SIBLINGS DISCOUNT**

**4 YEAR OLDS: 9AM-1PM OR 11AM-3PM £15**

LIMITED SPACE  
BOOK HERE



ALL  
SPORTS



QUIET  
TIME



CRAFT  
TIME



MEET  
FRIENDS



ALWAYS  
SAFE

[WWW.FUTURESTARSCOACHING.CO.UK](http://WWW.FUTURESTARSCOACHING.CO.UK)







**AGE  
7-12**

# FOOTBALL CAMP



## Risca Leisure Centre

9am-3pm - Tuesday 28th, Wednesday 29th,  
Thursday 30th & Friday 31st May

## Centre for Sporting Excellence

(Ystrad Mynach)

9am-3pm - Thursday 30th & Friday 31st May

**SPACES ARE LIMITED - BOOKINGS /  
PAYMENTS MUST BE MADE PRIOR TO ATTENDING**

Parents must complete a consent form prior to their child taking part.

Sport Caerphilly reserve the right to cancel these sessions at short notice due to adverse weather and changes to Welsh Government guidance.

**For further information please contact:**

01443 863072 / [davies30@caerphilly.gov.uk](mailto:davies30@caerphilly.gov.uk)

**£11.66**



**Please make your  
booking via the  
Leisure Lifestyle APP  
(Scan the QR Code to  
download the APP)**



[sportcaerphilly](https://www.facebook.com/sportcaerphilly)



[@sport\\_leisure](https://twitter.com/@sport_leisure)



# athletics CAMP



£11.66

Ages  
7-12

When: **29th & 30th May (9am-3pm)**

Where: **CCB Athletics Hub - Oakdale**

**Please book via the Leisure Lifestyle APP**

*(Scan the QR Code to download the APP)*



- Parents must complete a consent form prior to their child taking part.
- Sport Caerphilly reserve the right to cancel these sessions at short notice due to adverse weather and changes to Welsh Government guidance.

**For further information please email Sean Davies: [davies30@caerphilly.gov.uk](mailto:davies30@caerphilly.gov.uk)**

 [sportcaerphilly](https://www.facebook.com/sportcaerphilly)

 [@sport\\_leisure](https://twitter.com/@sport_leisure)



**CAERPHILLY**  
COUNCIL  
**CAERFFILI**



# FRIENDS SHOULDN'T MAKE US FEEL UPSET



**Whatever you're feeling,  
Childline can help.**

We're free, and you don't  
have to tell us your name.

## childline

**ONLINE, ON THE PHONE, ANYTIME**

[childline.org.uk/kids](https://childline.org.uk/kids) | 0800 1111



is it normal  
to feel  
**ANXIOUS?**

No matter how  
you feel inside,  
we're here to help.

 Nobody is Normal

**childline**

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111

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**NOBODY  
IS  
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**NOBODY  
IS  
NORMAL**

# PARTI TRAETH RHISGA RISCA BEACH PARTY

**Dathlu Diwrnod Ghostbusters Cymru**  
Ddydd Sadwrn  
& Mehefin yn unig  
Timau Ghostbusters,  
propiau, ceir,  
bwth tynnu  
fluniau a llawer  
mwy!

**Ghostbuster Day Celebration Wales**  
Saturday  
8th June Only  
Ghostbuster  
teams, props,  
cars, photo booth  
and lots more!



**Parc Tredegar, Canol Tref Rhisga**  
**Dydd Sadwrn a dydd Sul, 8 a 9 Mehefin 2024, 10am - 4pm**

**Tredegar Park, Risca Town Centre**  
**Saturday 8th and Sunday 9th June 2024, 10am - 4pm**

- [www.visitcaerphilly.com/cy/events](http://www.visitcaerphilly.com/cy/events) • [www.visitcaerphilly.com/events](http://www.visitcaerphilly.com/events)
- #DewisLleol • Ymholiadau: [digwyddiadau@caerffili.gov.uk](mailto:digwyddiadau@caerffili.gov.uk) • #UKSPF
- #ChooseLocal • Enquiries: [events@caerphilly.gov.uk](mailto:events@caerphilly.gov.uk) • 01443 866390

**FFYNIANT  
— BRO —  
LEVELLING  
— UP —**



**Tim Caerffili**  
Yr Wllgyddiaid  
Team Caerffili  
Better Together



Digwyddiad Cyngor Bwrdeistref Siniol Caerffili yw hwn, gyda chymorth ariannol gan gyllid y Gronfa Ffyniant Gyffredin.  
This is a Caerphilly County Borough Council event, financially supported by Shared Prosperity funding.