

#### INSET / KING'S CORONATION - SCHOOL CLOSURE DATES On Monday 8th May, we will be closed to pupils due to the King's Coronation

National bank holiday.

On **Monday 5<sup>th</sup> June**, the school will be closed to pupils as the Welsh Government has allowed teachers an extra day training in line with the new Curriculum for Wales.

#### CHOIR EVENT - VOICE IN A MILLION

On Wednesday 16<sup>th</sup> March, the school choir performed in the OVO Arena, Wembley. After what was a very long and tiring day for our pupils, they put on an outstanding show and performed brilliantly, making us all very proud. Thank you to you as their parents for your ongoing support with choir events. These events would not be possible if we did not have you support. The children were so excited to see you in the audience and it made it all the more special for all involved.

Thank you, and well done to the staff for organising and attending such as a special event. Hopefully it has given the children memories which will cherish forever.

#### ATTENDANCE

Please continue to support the school with its mission of improving attendance. In order for this to happen, everyone needs to do their bit. Whilst we appreciate illness is unavoidable, it is important that this is communicated with the school so that your child can be given the correct code. If absence is not communicated your child's absence will not be authorised and 10 unauthorised sessions (5 days) can lead to a fixed penalty notice being issued.

School is important and every child has the right to an education in order to be informed citizens, valued members of society, and to prepare them for their part in life and work.

#### UPCOMING DATES FOR PARENTS TO MEET WITH MISS NELSON

Parent drop-in clinic from 2pm on Friday 24<sup>th</sup> March. This is for you to ask any questions you may have about school procedures e.g. attendance, homework, behaviour policy etc.

#### DUCK RACE

Duck race tickets - £2 per family. The ducks went on sale on Wednesday 8th March and are still available to be purchased now.

The duck race will be held on Tuesday 28th March.

Prizes are: Ist prize £50, 2<sup>nd</sup> prize large Easter gift and large egg, and 3rd prize Easter gift and egg.

Funds raised will go towards the Paris trip for the Y5/6 children.

#### SUMMER TERM DATES

The summer term 'Diary of Events' will be distributed to parents following the Easter holidays. We look forward to what summer term has to offer including trips, themed weeks, royal celebrations, SNECFEST and much more.

#### CLASS SKILLSHARE

On **Monday 20<sup>th</sup> March**, you are invited to join your child/ren from 2.15pm as part of our 'Class Skill Share' event. During this time, you will have the opportunity to interact with your child as they engage with a range of short burst activities, showcasing some of the learning experiences offered as part of their curriculum.

We look forward to seeing those of which are able to join us on Monday!

### Value of the month: Cooperation

#### A peek at the next few weeks...



### Diary Dates

17.03.23	Red Nose Day – Comic Relief
20.03.23	Class Skill Share (parents are invited in from 2:15pm)
27.03.23	Nursery Easter Bonnet Parade
27 <sup>th</sup> – 31 <sup>st</sup> March	Easter Activities

### Term Dates

31.03.23	End of spring term
17.04.23	Summer term begins
28.04.23	INSET Day (school closed to pupils)
01.05.23	Bank Holiday
08.05.23	Bank Holiday – King's Coronation
29.05.23 - 02.06.23	Half term week
05.06.23	INSET Day (school closed to pupils)
20.07.23	End of summer term.

### Welsh Phrase of the Week



Week beginning 20.03.23 – Ga i helpu? Week beginning 27.03.23 – Pasg Hapus

#### PARENT / CARER SURVEY RESULTS

Thank you for taking the time to complete the parent/carer survey, we appreciate this feedback and will use the results to inform future practice.

Having analysed the results, we are pleased to announce that nearly all responses were extremely positive. It was pleasing to hear that many of you feel the school deals with bullying, harassment or discrimination incidents well, and that 100% of you feel your child is safe in school, and would recommend the school to another parent/carers. Reading all of the positive comments in the further comments section was extremely pleasing. It is also reassuring to know that we are doing something right and that is recognised by you.

In relation to the very few responses that require addressing, we will take on board the points raised and will do our best to work with you as parents in order to develop further. These points will inform some of our parent panel agendas moving forward, and we would therefore appreciate your input at these meetings.

# Nant-y-Parc Uniform Station

We have a new storage unit containing uniform for families who may need it. Please help yourself to whatever size you require for your child.

Can you donate? Do you have any uniform that you no longer need? If so, please can you donate to our school office. \*We cannot accept any personalised items





#### OPEN TO PARENTS/CARERS OF CHILDREN CURRENTLY ON THE ABUHB ND ASSESSMENT WAITING LIST OR HAVE NOT MET THE CRITERIA FOR DIAGNOSIS UNDER THIS SERVICE.



PARENT/CARER ADHD AND AUTISM ONLINE INFORMATION SESSIONS



#### Autism:

Wednesday Evening sessions (6pm)

> Session 1 - 15/3/23 Session 2 - 22/3/23

Sunday Morning sessions (10am)

> Session 1 - 26/3/23 Session 2 - 2/4/23

Monday/Thursday Morning sessions (10am)

Monday Session 1 - 27/3/23 Thursday Session 2 - 30/3/23 ADHD:

Monday Evening sessions (6pm)

Session 1 - 6/3/23 Session 2 - 13/3/23 Session 3 - 20/3/23

Sunday Morning sessions (10am)

Session 1 - 5/3/23 Session 2 - 12/3/23 Session 3 - 19/3/23

Thursday Morning sessions (10am)

> Session 1 - 9/3/23 Session 2 - 16/3/23 Session 3 - 23/3/23

Learn more about ADHD and Autism, ask questions and get links to more support for your family.

Email: adhdplusnewport@gmail.com to book

You are welcome to attend both courses, if you are unable to attend all sessions 1, 2 (Autism) or 1, 2, 3 (ADHD) then the individual sessions will still be useful on their own.

Each session is 1 hour and 15 minutes long.



Meet and talk to parents/carers who look after Neurodivergent children and have been through the ND assessment process.

**Drop-In Sessions** 

Pick up useful links/information and visit our weekly guest stall.

Where: Newport Indoor Market (Upstairs)

When: 10am-2pm Fridays:

3rd March - Dewis Wales

10th March - Sparkle

17th March - Newport Autism Group and Newport Mind

24th March - Gwent Police - Trinity Protocol

31st March - Care Collective and the Disability Advice Project Cwmbran.

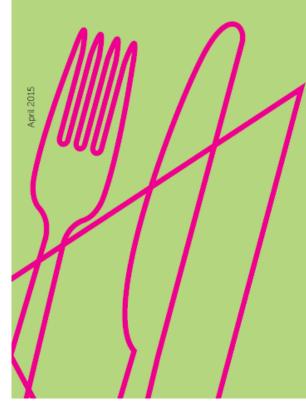
We also have 30 minute peer chats, on a one to one basis. These are available to book by text on: 07977 455 592

# Healthy Eating in Schools: Primary School Food Requirements

### Lunch

### Lunch must provide the following foods **regularly**:

- · At least one portion of fruit each day
- At least one portion of vegetable or salad each day
- Fruit based desserts at least twice each week
- Fish at least once each week
- Oily fish at least twice in four weeks
- Meat cuts at least twice each week



# **School Day**

The following foods are not allowed **before 6pm**:

- Additional salt
- Confectionery
- Savoury snacks

#### Where food is provided after breakfast & before 6pm:

- Fruit & vegetables must also be available
- Break time snacks should be fruit θ vegetables only
- Condiments must be 10ml or smaller
- Cakes & biscuits with lunch only
- Potato & potato products cooked in fat or oil not more than twice each week
- Deep fried or flash fried food not more than twice each week
- Meat products not more than twice each week

For full details about the primary school food requirements & information about the nutritional standards for lunch refer to the Healthy Eating in Maintained Schools: Statutory Guidance for Local Authorities & Governing Bodies.

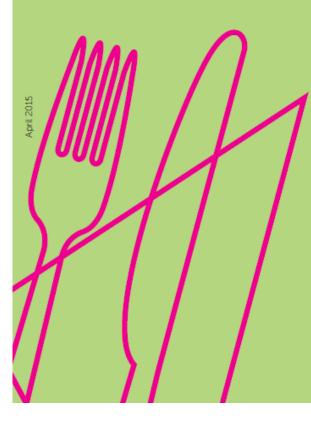


# Healthy Eating in Schools: Nursery School Food Requirements

## Lunch

Lunch must provide **each** of the following foods or achieve the primary school food requirements & nutritional standards:

- Fruit & vegetables
- Meat, fish or other non dairy sources of **protein**
- Starchy foods
- Dairy foods & milk



# School Day

The following foods are not allowed **before 6pm**:

- Additional salt
- Condiments
- Confectionery
- Savoury snacks

#### Where food is provided

### after breakfast $\vartheta$ before 6pm:

- Fruit & vegetables must also be available
- Snacks should consist of fruit, vegetables, salad, bread products, dairy products & non dairy sources of protein
- Cakes & biscuits with lunch only
- Potato & potato products cooked in fat or oil not more than twice each week & with lunch only
- **Deep fried** or **flash fried** food not more than twice each week θ with lunch only
- Meat products not more than twice each week θ with lunch only

For full details about the nursery school food requirements & information about the nutritional standards for lunch refer to the Healthy Eating in Maintained Schools: Statutory Guidance for Local Authorities & Governing Bodies.



# Healthy Eating in Schools: Primary School Drink Requirements

## Breakfast & Lunch

Only the following drinks are allowed to be provided at **breakfast** & **lunch**.

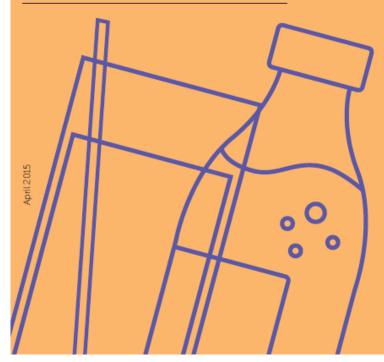
- Plain water (still or carbonated)
- Plain milk (semi skimmed or skimmed)
- Plain soya, rice or oat drinks
- Fruit or vegetable juice (still or carbonated)
- Fruit or vegetable juice (still or carbonated) combined with water (at least 50% juice)
- Fruit or vegetable blends

## **School Day**

Only the following drinks are allowed to be provided at other times during the school day **before 6pm**:

- Plain water (still or carbonated)
- Plain milk (semi skimmed or skimmed)
- Plain soya, rice or oat drinks

For full details about the primary school drink requirements & information about the nutritional standards for lunch refer to the Healthy Eating in Maintained Schools: Statutory Guidance for Local Authorities & Governing Bodies.





# Healthy Eating in Schools: Nursery School Drink Requirements

### Breakfast & Lunch

Only the following drinks are allowed to be provided at **breakfast** & **lunch**:

- Plain water (still or carbonated)
- Plain milk (whole or semi skimmed)
- Plain soya or oat drinks
- Fruit or vegetable juice (still or carbonated)
- Fruit or vegetable juice (still or carbonated) combined with water (at least 50% juice)
- Fruit or vegetable blends

# **School Day**

Only the following drinks are allowed to be provided at other times during the school day **before 6pm**:

- Plain water (still or carbonated)
- Plain milk (whole or semi skimmed)
- Plain soya or oat drinks

For full details about the nursery school drink requirements & information about the nutritional standards for lunch refer to the Healthy Eating in Maintained Schools: Statutory Guidance for Local Authorities & Governing Bodies.

