

# Nant-y-Parc Weekly Newsletter



Contact details:  
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8th March 2024

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## HEAD LICE / NITS

If your child has recently had head lice/nits and you require further advice on effective treatment options, please refer to page 5 of the newsletter to avoid the spread to others.

## DUCK RACE

Duck race tickets - £2 per family. The ducks are now on sale and will be until the 18<sup>th</sup> March. The duck race will be held on Tuesday 19<sup>th</sup> March. Prizes - 1st prize £50, 2<sup>nd</sup> prize large Easter gift and large egg, and 3rd prize Easter gift and egg. Funds raised will go towards the residential trip for Y5/6 pupils.

## LATENESS

We have noticed that there has been an increase in the number of children arriving late for school. Classes open from 8:50 am and school begins at 9 am. Please try to arrive on time so your child/children can engage with Soft Start or Secretarial Skills. Thank you for your continued support in improving attendance.

## LUNCHTIME SUPERVISOR VACANCY

We wanted to make you aware that we have a lunchtime supervisor vacancy available and hope to recruit someone in the next few weeks to fill this position. Please call into the school office for an application form if interested. The closing date for applications is: 15.03.2024

## VOICE IN A MILLION

Our choir will perform for the third time in the Voice in a Million arena show on Wednesday 20<sup>th</sup> March. Parents collecting their child from the arena are reminded that the pick-up point is PICK-UP POINT A.

Your child must wear black bottoms for this event and we will provide their t-shirt at the arena. All children are required to take a packed lunch and a refillable bottle.

Thank you for your continued support with this event.

## TRIP LETTERS/MONEY

REMINDER - When trip letters are sent home, please can you sign and return them ASAP so that the trip can be finalised. It is extremely time-consuming for staff to have to chase trip letters. Please can you also communicate whether you require a packed lunch on the return slip as these have to be ordered two weeks before the trip takes place.

Please can you also make payments by the deadline provided, or communicate with staff when you can pay so that we do not have to chase payments.

Value of the half term: **Curiosity**

A peek at the next few weeks...



## Diary Dates

11.03.24-15.03.24	British Science Week
15.03.24	Pupil progress reports sent out to parents
15.03.24	Red Nose Day
15.03.24	Technique Trip (Y3 only)
18.03.24	Easter Celebrations (Nursery pupils only)
18.03.24-22.03.24	World Religion Week / Easter Celebrations (whole school)
19.03.24	Duck Race
20.03.24	Voice in a Million Concert
22.03.24	Celebration Assembly (end of term prizes)

## Term Dates

22.03.24	End of spring term (3:15pm finish)
08.04.24	Summer term begins
06.05.24	May Day Bank Holiday
24.05.24	INSET Day
27.05.24 - 31.05.24	Half term week
18.07.24 -	End of term (1:15pm finish)
19.07.24 -	INSET Day

## ATTENDANCE

A friendly reminder that attendance continues to be a high priority this term and will be closely monitored on a weekly basis. Whilst we appreciate illness cannot be avoided, we have attached a link to help you determine whether or not you child is too ill for school.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



Please refer to page 2 for further attendance related information.

## Welsh Phrase of the Week

Week beginning 11.03.24 - *Ga i helpu?*  
Week beginning 18.03.24 - *Pasg Hapus*



## Wrap Around and Afterschool Club

Get ready for a new adventure with Clwb Y Ddraig opening soon at Nant Y Parc Primary School.

Please register your child on the QR Code below.

What We Offer :

- Wrap around Childcare
- After-school Club,
- Holiday Club

Contact Sarah on 07340110189 Sarah.cyd@outlook.com



# Attendance

## School Target = 92%

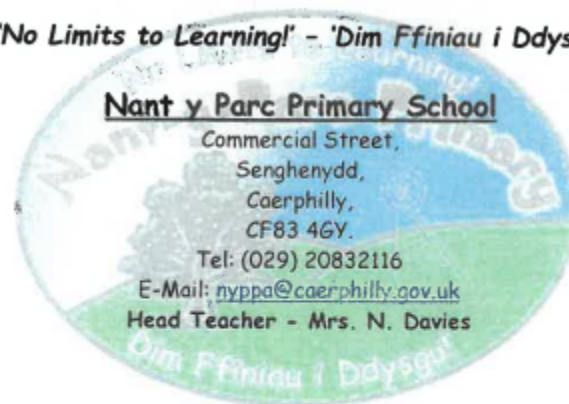
2023-2024	Class Attendance % for week beginning 26.02.24	Class Attendance % for week beginning 04.03.24 (excluding Friday)
Nursery	85.7%	82.1%
Reception	92.5%	82.8%
Year 1	97.1%	97.6%
Year 2	96.3%	87.9%
Year 3	97.6%	97.6%
Year 4	90.9%	90.3%
Year 5	89.6%	94.9%
Year 6	98.5%	94.4%

Your child should NOT have a day off school for the following reasons:

- It is their birthday
- The family have slept late
- They have a medical appointment to attend
  - They do not want to attend
  - They are upset about something

Please communicate all absences with school on the first day of absence and if we can support, we will.

*'No Limits to Learning!' - 'Dim Ffiniau i Ddysgu!'*



**Nant y Parc Primary School**

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Head Teacher - Mrs. N. Davies

Dear Parent/Carer

**There is no need to apply again if you have already applied for eFSM**

### **Universal Primary Free School Meals (UPFSM)**

It is Welsh Government's aim that every child in primary school in Wales will be eligible for a universal primary free school meal (UPFSM) by 2024, regardless of household income.

In Caerphilly County Borough this is already the case and all full-time pupils in primary school can have a free school meal.

However it is important to know the difference between UPFSM and eFSM so that you can claim other benefits that go with eFSM

#### **Eligible Free School Meal (eFSM)**

Families who meet certain criteria, for example those on lower incomes or in receipt of certain benefits, may be eligible to apply for eFSM. Families in receipt of eFSM are also eligible to receive the Pupil Development Grant to buy school uniforms and equipment, sports kit and equipment for activities outside school.

If you think you might be eligible for eFSM please apply.

For more information about the eligibility criteria and the application process for eFSM please visit: [www.caerphilly.gov.uk/Free school meals](http://www.caerphilly.gov.uk/Free%20school%20meals)

**If you are already eligible for eFSM there is no need to apply again**

Thanks very much

*Nant-y-Parc Primary School*

# Ystrad Mynach Spring Fair



**Saturday 23rd March 2024**  
**Ystrad Mynach Town Centre**  
**9am - 5pm**



[www.visitcaerphilly.com/events](http://www.visitcaerphilly.com/events) #ChooseLocal #UKSPF  
Enquiries: [events@caerphilly.gov.uk](mailto:events@caerphilly.gov.uk) 029 2088 0011



Team Caerphilly  
Better Together



This is a Caerphilly County Borough Council event, financially supported by Shared Prosperity & Gelliqaer Community Council funding.

# Head lice and Nits

Head lice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head-to-head contact.

Head lice can make your head feel:

- itchy
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.



## How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

## Wet combing

Lice and nits can be removed by wet combing.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

## Medicated lotions and sprays

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child and how to use them.

If lotions or sprays do not work, speak to a pharmacist about other treatments.

Some treatments are not recommended because they're unlikely to work.

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- tree and plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

## You cannot prevent head lice

There's nothing you can do to prevent head lice.

You can help stop them spreading by wet or dry combing regularly to catch them early.

Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

There's no need for children to stay off school or to wash laundry on a hot wash.

*Information taken directly from NHS website: Head lice and nits - NHS (www.nhs.uk)*

*[https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-](https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.)*

*[pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.](https://awttc.nhs.wales/files/guidelines-and-pils/cas-pil-head-lice-pdf/#:-:text=Do%20%20need%20to%20keep,lice%20in%20your%20child's%20hair.)*

